

HANDBOOK

**CLUB NIGHTS TUESDAY AND THURSDAY
MEET AT BUSHFIELD SPORTS CENTRE**

6.15PM

TO RUN AT 6.30PM

Membership Handbook 2026



Committee and Club Contacts

Position	Name and EMail
Chair	Vicky Abraham chairman@bushfieldjoggers.co.uk
Vice Chair	Vicky Olik vicechair@bushfieldjoggers.co.uk
Club Secretary	Nicki Parrott secretary@bushfieldjoggers.co.uk
Treasurer and Membership Secretary	Nigel Cronin treasurer@bushfieldjoggers.co.uk
Race Results Secretary	Sarah Hazeltine & Kathryn Berrisford raceresults@bushfieldjoggers.co.uk
Web Secretary	Shane Goldsmith website@bushfieldjoggers.co.uk
Trophy & Awards Secretary	Lisa Borley awards@bushfieldjoggers.co.uk
Kit Secretary	Diana Baird kit.secretary@bushfieldjoggers.co.uk
Coaching Reps	Brian Corleys & Eric Winstone
GPAN Rep	Eric Winstone
Park Run Rep	Louise Pettman
Frostbite Rep	Adrian Olik
Welfare Officers	Eric Winstone & Vicky Olik

General enquiries

E-mail info@bushfieldjoggers.co.uk

CLUB RULES

Full club rules are laid out in the Club Constitution. This is emailed to all members on joining, and the most up to date version can be found on our website

<https://bushfieldrunners.co.uk/> Below is a summary of the key information.

1. CLUB NAME

The official name of the club is “Bushfield Runners”

2. HEADQUARTERS

The Headquarters of the club is: Bushfield Sports Centre, Orton Centre, Peterborough, CAMBS, PE2 5RQ.

3. OBJECTIVE

The object of the club is the promotion of Amateur Athletics.

4. CLUB YEAR

The club year runs from 1st March to 28/29th February.

5. MANAGEMENT

The management of the club is vested in a committee, consisting of a Chair, Vice-Chair, Club Secretary, Treasurer and Membership Secretary and committee members, all of whom must stand for election at the Annual General Meeting. The committee has the authority to fill any vacancy that may arise.

6. FINANCIAL GOVERNANCE

The club funds will be held in a bank account with the four posts of Chair, Vice Chair, Secretary and Treasurer being authorised signatories on the account. Outgoing transactions shall require the electronic authorisation or signature of any two of the four signatories.

7. MEMBERSHIP

Membership of the club is confined to amateurs as defined by the Amateur Athletics Association as follows:

“An amateur is one who has never competed for a money prize or monetary consideration in any athletic sport or game or been in anyway interested in a staked bet or wager made in connection with any athletic competition in which he was an entrant or competitor: who has never engaged in, or taught any athletic exercise for pecuniary consideration, or in any way exploited his athletic ability for profit; and who has never taken part in any athletic competition with anyone who is not an amateur.”

A person may join the club at 16 but must abide by various minimum age restrictions. Applications for membership from individuals who are members of other clubs may be accepted at the discretion of the Club Secretary as a second claim.

8. SUBSCRIPTION

The annual subscription of the club is payable on joining and thereafter on the 1st of March of each year. (Members joining between 1st December and 28th/29th February are not required to pay again on the 1st of March of the year they join.)

Membership	Cost per annum	England Athletics affiliation
Full (First Claim)	£45	Yes
	£22	No
Second Claim	£20	No
Social	£15	No

- England Athletics affiliation entitles members to discounted entry into races. (If you are not affiliated you must pay the full amount when entering races). It also allows entry into the London Marathon Ballot draw (see below)
- The subscription includes the use of Bushfield Sports Centre on club nights (changing facilities and showers) and free entry into the Frostbite League races (see further in this document for details about the Frostbite League).
- Members who have not renewed their membership by 31st March of the current year shall be removed from the club roll and the Facebook page and may not take part in any competition promoted by the club.
- Refunds will only be given to new members within one calendar month of their joining date or in the case of existing members within one calendar month of the start of the new club year.

9. RESIGNATION

A member intending to withdraw from the club must give notice in writing to the membership secretary and his/her membership terminates on the day of that notice unless he/she is financially indebted to the club, in which case the committee may withhold acceptance of the resignation until he/she has discharged his/her liability.

10. ANNUAL GENERAL MEETING

A general meeting shall be held annually during the month of January or February to receive the committee reports and financial statement, elect officers and deal with any other matter specified on the agenda.

The Secretary shall give every member at least 21 days' notice of the time and place of the annual general meeting. Notice of any business which you wish to place on the agenda must be given in writing to the Secretary at least 14 days prior to the meeting. No other business shall be dealt with at the meeting.

11. SPECIAL GENERAL MEETING

The Secretary must call a special general meeting within 14 days of the receipt by him/her of a requisition in writing signed by 10 members of the club, stating the business to be brought before such a meeting.

The Secretary shall give every member at least 7 days' notice of the time and place of any special meeting and the business to be dealt with. No other business shall be dealt with at any such meeting.

12. CLUB KIT

The club colour is Royal Blue with white lettering and is available to buy through a website. The Kit Secretary can advise on pricing and sizing, and club kit must be paid for before delivery.

13. LONDON MARATHON

Members are encouraged to enter the London Marathon. Any member not accepted through the London Marathon ballot may be eligible for a further chance by entering the club draw for any allocated club place(s). Members must meet all the criteria listed below:

Eligibility Criteria	Members must:
1	have been a full member of the club on or before 1st March i.e. to enter the draw that takes place in Dec 2025 for the 2026 London Marathon you must have been a member of the club on or before 1st March 2025
2	be affiliated with England Athletics
3	have submitted their rejection slip from the London Marathon to the Chair prior to the draw
4	commit to pay their subscription fee for the upcoming year if successful in the draw*
Second Claim members are not entitled to enter the draw. * If a member is successful in the draw but does not pay their membership for the upcoming season within 2 weeks of the draw, they will lose the place, and a new draw will take place	

The committee will conduct an initial draw for the club place(s) from eligible members who have not previously won a club place. Should any club place(s) remain after the initial draw, a second draw will take place from eligible members who have previously won a club place. The draw will usually take place in the autumn.

14. RACE RESULTS

The Race Results Secretary shall:

- collate all the results for the club where possible
- send a weekly list of results to the Chair and Web Secretary.

The Web Secretary shall:

- ensure that club records are kept up to date,
- upload the results on to the club website.

Members shall:

- ensure they enter races with either their full legal name or a recognisable shortened name. i.e. Stephanie Smith can be abbreviated to Stef Smith or Steph Smith etc, but no nicknames,
- ensure that any name changes are made to their England Athletics records (via the athlete portal), and “the Power of 10” and “Run Britain” websites, and inform the club secretary,
- ensure they enter races as a **Bushfield Runners** – it is NOT the responsibility of the Race Results Secretary to check for your result if you have not done so and your result will not appear in the club records,
- inform the Race Results Secretary if they participate in races, it is not the responsibility of the Race Results Secretary to check for your result if they have not been informed where you have raced and your result will not appear in the club records. This can be achieved by completing the ‘Submit Run’ details on the website member area or by emailing raceresults@bushfieldjoggers.co.uk with your name, time, and a link to the race results if possible and if you think it is a personal best or seasons best.

15. CLUB EVENTS

The club runs, or participates in, a number of events throughout each year that members are encouraged to participate in. There is no additional charge for these events, but you must be a fully paid-up member of the club on the day of the race or event and comply with the dress code specified in the table below.

Eligibility Criteria	Club Championship	Frostbite
Club Vest / T-Shirt	Yes	Yes
Charity Vest	No	No
International Vest	No	No
Sponsored Vest	No	No
Race requirement	No	No
Parkrun T-Shirt	No	No

CLUB CHAMPIONSHIP

[Club Championship Races - Bushfield Runners \(bushfield-runners.co.uk\)](http://bushfield-runners.co.uk)

FROSTBITE LEAGUE

How does it work?

Bushfield Runners is a member of the annual Frostbite League, which comprises a series of races of approximately 5 miles each, held at different local venues over different terrain (from road to cross country).

The finishing positions of the first ten members (of which three must be female) of each club in the Frostbite League score points for the club. All runners are important as even those not scoring for their team can help by displacing scoring members of other clubs.

CLUB TROPHY AND AWARDS

Personal Bests

The Web Secretary will keep track of your best time for the five common distances over which races are run i.e. 5k, 10k, 10 mile, half marathon and full marathon. In addition, your personal best for a Frostbite Race will also be kept separately as the distances are approximately 5 miles rather than exact distances. All your personal bests are recorded and published on the club web site.

The weekly results will also show if your time is your best for the current season (commencing on 1st March) for the five common distances (as above). Your first race of the season at any of these distances will not show as a season's best, you must beat it within the same season.

Club Standards

<https://bushfield-runners.co.uk/members-area/club-standards/>

Following the end of the club year on 28/29th February, a member who has competed in races throughout the year is entitled to submit claims for club standards. It is the athlete's responsibility to submit their claims.

Awards can be claimed for 10k, 10 miles, half marathon and marathon distances. No awards can be claimed for the 5k.

To claim an award, you must have run equal to, or faster than, the time shown in the club standard tables published on the website. For example, a 43 year old man who has run 57 mins 12 secs for a 10k is entitled to claim a 1-star award because they have beaten the 57 mins 30 sec time required. If the same time was achieved by a 54-year-old lady she would be entitled to claim a Silver Award.

You can only claim one award (the highest one achieved) per distance per season. Once you have achieved an award for a distance you can only claim for higher awards in future seasons, irrespective of whether you have moved up in age categories.

The trophies for the club awards are presented at the awards event usually held in the summer. If you don't, or can't, attend your trophies will be kept and handed to you at a subsequent club night or race.

Club Trophies

In addition to the club standards, trophies for the club events will be presented to the winners at the awards event as above.

Trophies for participating in at least 4 out of the 6 Frostbite races for the previous season will also be awarded (including marshal duties).